

Creamy Pesto Chicken Pasta

Serves: 4

Ingredients:

8 oz uncooked pasta (penne, bowtie, rotini, or any other similar-sized pasta)
1/2 cup chopped drained roasted red bell peppers
1/3 cup basil pesto
1/4 cup fat-free milk
1 container (10 ounces) refrigerated reduced-fat Alfredo sauce
2 1/2 cups chicken, cooked and chopped (you can use the refrigerated grilled chicken pieces, dice up a rotisserie chicken, or just bake a couple of chicken breasts and dice it yourself. Whichever is best for you!)
1/4 cup shredded Parmesan cheese

Directions:

Pre-heat oven to 350° F.

Cook pasta according to directions on package. Drain. Return to saucepan. Stir in remaining ingredients except cheese.

Spoon mixture into a sprayed 8x8 baking dish. Cover with aluminum foil and bake 35 minutes. Sprinkle with cheese before serving.